

SystemPAK

Our Easy to Understand Capacity Conversion Chart



SystemPAK



VISIT US
www.systempak.com



EMAIL US
admin@systempak.com



CALL US
01225 751898

WHY DO I NEED A CHART?

Let's face it containers volumes can be *confusing*. Some are measured in millilitres (ml), some are in cubic centimetres (cc) and how exactly are these calculated?

We haven't even started talking about about fluid ounces (floz) and grams (gms) as well.

There's all so many and which one is the right one? Truth be told they all are.

At Systempak we like to make it as easy as possible and use just two. We use millilitres (ml) and fluid ounces (floz).

BUT....

How many millilitres is in one fluid ounce and vice versa?

This is where this easy-to-understand capacity conversion chart comes in with all your capacity conversion query needs.

Read on and hopefully all your questions will be answered, if not feel free to contact us on 01225 751898 or by emailing us direct at office@systempak.com.



FLUID OUNCES (UK)	MILLILITRES
1	28.41
2	56.82
3	85.23
4	113.65
5	142.06
6	170.47
7	198.89
8	227.30
9	255.71
10	284.13
11	312.54
12	340.95
13	369.36
14	397.78
15	426.20
16	454.61
17	483.02
18	511.44
19	539.85
20	568.26
25	710.33
30	852.39
35	994.45
40	1,136.52
45	1,278.58
50	1,420.65
55	1,562.71
60	1,704.78
65	1,846.84

FLUID OUNCES (UK)	MILLILITRES
70	1,988.91
75	2,130.98
80	2,273.04
85	2,415.11
90	2,557.17
95	2,699.24
100	2,841.30
105	2,983.37
110	3,125.43
115	3,267.50
120	3,409.56
130	3,693.69
140	3,977.82
150	4,261.95
175	4,972.28
200	5,682.61
225	6,392.93
250	7,103.26
300	8,523.91
350	9,944.57
400	11,365.22
450	12,785.88
500	14,206.53
550	15,627.18
600	17,047.84
700	19,889.14
800	22,730.45
900	25,571.76
1000	28,413.06

MILLILITRES	FLUID OUNCES (UK)
25	0.87
50	1.75
80	2.81
90	3.16
100	3.51
120	4.22
125	4.39
134	4.71
150	5.27
155	5.45
165	5.80
170	5.98
180	6.33
192	6.75
200	7.03
210	7.39
218	7.67
225	7.91
233	8.20
240	8.44
250	8.79
280	9.85
285	10.03
300	10.55
350	12.31
365	12.84
375	13.19
400	14.07
480	16.89

MILLILITRES	FLUID OUNCES (UK)
500	17.59
510	17.94
520	18.30
550	19.35
565	19.88
570	20.06
670	23.58
750	26.39
770	27.1
800	28.15
850	29.91
870	30.61
1000	35.19
1150	40.47
1180	41.53
1200	42.23
1250	43.99
1500	52.79
1600	56.31
2000	70.39
2300	80.94
2500	87.98
3000	105.58
3300	116.14
4000	140.78
5000	175.97
5800	204.13
10000	351.95
20000	703.9

Any Questions?

Contact Us Now



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